

## Dairy Farm Scavenger Hunt

✓ Check off the items you saw while touring the farm today!

Cows Eating Name two ingredients in their feed.  1 2		Cows Being Milked How many times a day are they milked?
Milk Tank  Name one thing a farmer does to make sure milk is safe before transporting to the processing plant.		<b>Hay</b> What is one type of plant from which farmers make hay?
Something Being Recycled What was it?		Calves Can newborn calves walk the same day they are born?  YES NO
People Working On The Farm  Name three different jobs that dairy farm worker  1 2	rs perform.	3





96% of all homes have purchased MILK in the last year.94% of all homes picked up some CHEESE at the store.

2

**George Washington** enjoyed ice cream so much that he ran up a \$200 ICE CREAM bill in 1774. That's more than \$5,000 today!

3

Did you eat something super spicy? MILK is better for cooling your mouth than water because of the protein casein. It cleanses the taste buds.

4

A gallon of MILK weighs 8.59 pounds!

The average cow makes 6-8 gallons of MILK each day.

**5**)

To get the same amount of CALCIUM provided by 1 QUART of MILK, you would have to eat 3.5 pounds of peas, 27 oranges or 50 slices of whole wheat bread!

6

A cow's stomach has 4 different compartments!

7

A Holstein calf weighs **90 pounds at birth and grows to 1500 pounds.** 

8

Together, milk, cheese and yogurt provide 9 essential nutrients, like calcium, potassium, phosphorus, protein, vitamins A, D and B12, riboflavin and niacin (niacin equivalents). And milk tastes great!